

**Email Newsletter Sign-up**

To add your email address to the distribution list, visit www.rockvillemd.gov/swimcenter, click the ALERTS / NOTIFY ME button enter your email and click the envelope next to SwimCenter.

ROCKVILLE SWIM AND FITNESS CENTER

355 Martins Lane • Rockville, MD 20850

<http://www.rockvillemd.gov/swimcenter> • (240) 314-8750

2015 Recreational Swim and Fitness Center Schedule

Fall II (October 19 – November 15)

POOLS**North Pool** (6 lanes x 25 meters + ramp area)**South Pool** (6 lanes x 25 yards)

Monday	6:00 – 8:20 am 11:00 – 2:00 pm 5:00 – 9:00 pm <i>(ramp area and first lane not available until 5:15 pm, TWO LANES lap swim ONLY from 8:30-9:00pm)</i>	CLOSED
Tuesday	6:00 – 8:20 am 11:00 – 4:30 pm 6:00 – 9:00 pm <i>(ramp area and first lane not available until 6:15 pm, TWO LANES lap swim ONLY from 8:30-9:00pm)</i>	CLOSED
Wednesday	6:00 – 8:20 am 11:00 – 2:00 pm 5:00 – 9:00 pm <i>(ramp area and first lane not available until 5:15 pm, TWO LANES lap swim ONLY from 8:30-9:00pm)</i>	CLOSED
Thursday	6:00 – 8:20 am 11:00 – 4:30 pm 6:00 – 9:00 pm <i>(ramp area and first lane not available until 6:15 pm, TWO LANES lap swim ONLY from 8:30-9:00pm)</i>	CLOSED
Friday	6:00 – 8:20 am 11:00 – 3:30 pm 5:00 – 9:00 pm <i>(ramp area and first lane not available until 5:15 pm)</i>	CLOSED
Saturday	6:00 – 7:30 am 12:00 – 9:00 pm	CLOSED
Sunday	1:00 – 9:00 pm <i>(TWO LANES lap swim ONLY from 7:30-9:00pm)</i>	CLOSED

South Pool CLOSED for Construction - Check www.rockvillemd.gov/rsfc renovations for details

Fitness Room, Saunas, and Spa Hours

Monday through Friday:	6:00 a.m. – 9:00 p.m.
Saturday	6:00 a.m. to 9:00 p.m. (Spa closes at 7:00 p.m.)
Sunday:	9:00 a.m. – 9:00 p.m.
Please note: The spa is closed to all children (17 and Under) during swimming lessons.	